

Special Contrashock Weekend Workshops!



Join some of your fellow contra dancers for a fun introduction to Morris and Sword Dancing.

Saturday, September 22nd at the Brooklyn Waldorf School, 11 Jefferson Avenue 11:00 – 12:00 Intro to Morris dancing with Ring o'Bells Morris

12:30 – 1:30 Intro to Rapper Sword dancing with Half Moon Sword

Morris is an ancient folk dance from the Cotswold region of England, with lots of jumping, ringing of bells, flourishing of handkerchiefs, and clashing of sticks. Be prepared to get your heart pumping and your feet dancing!



Rapper sword comes from the coal mining regions of northern England. Dancers linked in a circle by the flexible "swords" weave elaborate figures in quick jig time, emphasizing teamwork and rhythmic footwork.



Open to all; no experience necessary. Advance registration encouraged <u>https://goo.gl/forms/XvLfvHfODbhvORx22</u> Drop-ins are welcome. Voluntary suggested donation: \$5 / class.

For more information about sword dancing, visit halfmoonsword.org

For more information about Morris dancing, visit facebook.com/ringobellsmorris Questions? Email <u>sarahhenry@rcn.com</u>